

**NAME** : Dr. Damanjit Sandhu  
**POSITION** : Professor  
Department of Psychology, Punjabi University Patiala, India  
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**AREA OF SPECIALIZATION:** Child & Adolescent Development and Mental Health, Cyber Psychology

**LANGUAGES KNOWN:** English, Hindi, Punjabi, French

### **BRIEF-BIO**

I am a Professor of Psychology at Punjabi University Patiala, India. My areas of interest are Child and Adolescent Development and Mental Health, and Cyber Psychology. I have successfully introduced a paper on Cyber Psychology at the Masters' level at PUP, which is a pioneering work in India. I have published more than 100 research papers / articles and presented my research on adolescent identity formation, well-being, risk-taking, school bullying, and cyberbullying in over 75 national/ international conferences. I have also co-edited a book entitled "Bullying, Cyberbullying, and Student Well-being in Schools: Comparing European, Australian and Indian Perspectives" published by Cambridge University Press, London. My research work has appeared in various International journals published by Routledge, Taylor and Francis, Sage, Wiley and Blackwell, Elsevier, Springer and Sage. I have supervised eight Ph.D and 12 M.Phil dissertations and currently advising 6 doctoral candidates. I have successfully completed four major national and international sponsored research projects on various issues related to child and adolescent development and well-being, and have been the principal investigator of Indian-European Research Networking Programme - India's first multilateral agreement in social sciences. I am also heading a special research group "Australia-India Well-being Studies" at Flinders University Adelaide and am a part of many prestigious international research consortiums on child well-being. My opinions and articles on issues related to child and adolescent mental health and school/online safety regularly appear in the regional /national and international print and electronic media. I am passionately involved in community work related to school mental health, cyber safety and psychological well-being in children and women. I have been working closely with a number of educational institutions / NGOs and community organisations for spreading awareness about child and youth mental health and school safety.

Empanellment: **National Commission for Women (NCW)**, Government of India as a expert in the area of mental health for women since June, 2020.

**National Assessment and Accreditation Council (NAAC):** NAAC Assessor to conduct assessment and accreditation of higher educational institutions for understanding of 'quality status' of the institution.

**National Council of Teacher Education (NCTE):** Member to monitor functioning of recognized teacher educational institutions and to grant recognition to new institutions.

I also have been working with **Defence Institute for Psychological Research (DIPR, DRDO), Armoured Division, and Army Training and Recruitment Command (ARTRAC)** on various training assignments.

**Apart from these, I have been involved in a number of confidential assignments related to testing, selections and promotions at the national and regional level.**

**EDUCATION/TRAINING:**

<b>INSTITUTION</b>	<b>DEGREE</b>	<b>YEAR</b>	<b>MARKS/ FIELD OF STUDY</b>
St. Francis School, Amritsar, INDIA (Indian Certificate of Secondary Education)	TENTH	1993	72%
BBK DAV College for Women (Guru Nanak Dev University, Amritsar, INDIA)	Bachelor of Arts <b>(FOURTH IN UNIVERSITY, FIRST IN PSYCHOLOGY AND PHILOSOPHY IN UNIVERSITY)</b>	1998	74% Psychology, Economics, Philosophy
Department of Psychology, Guru Nanak Dev University, Amritsar, INDIA	Masters of Arts <b>(GOLD MEDALIST)</b>	2000	72% Psychology
UGC-NET (National Level Exam for eligibility for teaching in Colleges/ Universities)	NET	2000	PSYCHOLOGY
London School of Hygiene & Tropical Medicine & Kings College London	Short Course in International Mental	2005	Mental Health

	Health: Research & Applications		
Guru Nanak Dev University, INDIA	PhD (Thesis recommended for Publication)	Degree Awarded in 2005	Adolescent Psychology

### Training on Adolescent Mental Health, at NIMHANS Bengaluru (2019)

### POSITIONS HELD

S. No.	Institution	Position Held	Duration	Major Job Responsibilities and Nature of Experience
1.	Junior Research Fellow, Department of Psychology, Guru Nanak Dev University, Amritsar, India.	UGC-JRF	2001-04	Teaching and Research
2.	Faculty Position, Department of Psychology, Punjabi University Patiala, India.	ASSISTANT PROFESSOR	30 <sup>th</sup> August, 2004-30 <sup>th</sup> September, 2016	Teaching and Research
		ASSOCIATE PROFESSOR	October 1 <sup>st</sup> , 2016-30 <sup>th</sup> September, 2019	Teaching and Research
		PROFESSOR	October 1 <sup>st</sup> , 2019 onwards	Teaching and Research

### HONOURS/ AWARDS

2022	International Travel Grant by International Society for Child Indicators for attending the 8 <sup>th</sup> Conference of the International Society for Child Indicators, May 25- 27, 2022, at Gramado, Brazil.
2021	Deepak Bhatt Award for best scientific research paper during 56 <sup>th</sup> National and 25 <sup>th</sup> International Conference of Indian Academy of Applied Psychology (Feb 18-20. 2021). Paper presented- Psychosocial ramifications of Cyber Pornography consumption amongst youth
2018	Best Full Paper Award at National Conclave on Psychological Trauma, Child Protection, & Mental Illness: Directions in Training, Research, and Service Provision held from 27-28 March ,2018 at All India Institute of Medical Sciences, New Delhi. Paper presented-'Digital usage of pupils in France and India'
2017	State Award for Professional Excellence in Education by Government of Punjab, on 15 <sup>th</sup> August, 2017
2015	Best Paper Award for the paper 'The relationship of positive and negative perfectionism with burnout in athletes' at ICSSR sponsored International Conference on 'Work, Stress and Health: Recent Perceptions, Future Trends' organized by St. Bede's College, Shimla (October 26-27, 2015).
2014	First Prize: National Conference on Wellness Through Physical Activity: Future Perspective (January 17-18, 2014). Paper presented: Reducing Video Game Addiction in adolescents: Physical Activity Intervention.
2012	'Nav Kiran Award'- The 5th National Women Excellence Award-2012 by Govt. of India.
2012	Second Prize: National Seminar on Health, Fitness and Sports Technologies, organized by Department of Sports Sciences, Punjabi University Patiala, October 12, 2012. Paper Presented- Correlates of Physical Inactivity in Adolescents.
2011	First Prize for the Research paper 'Physical Activity and Mental Health' at -National Seminar on Sports Sciences, at Punjabi University, Patiala (September, 28, 2011).
2011	Travel Grant awarded by Wellcome Trust, U.K. for attending the Second Summit for the Movement for Global Mental Health, Cape Town (South Africa).
2009	Best Scientific Research Award by Indian Journal of Psychology & Mental Health, at UGC sponsored National Seminar on 'Parenting of Adolescents' for the research paper 'Adolescent identity formation, psychological well-being and parental attitudes'.
2000	Gold Medal in M.A. (Psychology), Guru Nanak Dev University, Amritsar.
2000	National Merit Scholarship by Ministry of Human Resources.
1998	First in Amritsar District and fourth in University in B.A. (Guru Nanak Dev University, Amritsar).

1997-98	University Champion in Lawn Tennis (Women), Guru Nanak Dev University, Amritsar.
1998	Saraswati Devi Award of Excellence (In the memory of the mother of Shri Surendra Nath, the then Governor of Punjab) for being the best all-rounder student of the college (1998).
1996-98	University Youth Festival Medals in Quiz (1996-1998).
1997-98	Head Girl of BBK DAV College for Women, Amritsar.
1995-98	Member Student Council of BBK DAV College for Women, Amritsar.

## SCHOLARSHIPS

2001-04	Junior Research Fellowship for 3 years.
1998	Awarded National Merit Scholarship by Ministry of Human Resources
1995-98	Awarded Merit Scholarship by GNDU, Amritsar, in B.A.
1997	Awarded Freeship by BBK DAV College for Women, Amritsar, for excelling in Sports (Lawn-Tennis)

## INTERNATIONAL ACADEMIC VISITS

**2022** Paper presentation at 8<sup>th</sup> Conference of the International Society for Child Indicators, May 25- 27, 2022, at Gramado, **Brazil**.

**2019** Chaired a technical session on 'Student and learning: Linguistics Across The Globe' during the World Education Research Association (WERA) Focal Meeting at **Gakushuin University, Toshima, Tokyo, Japan** on 8<sup>th</sup> August, 2019.

**2019** World Education Research Association (WERA) Focal Meeting at **Gakushuin University, Toshima, Tokyo, Japan** from 5<sup>th</sup> to 8<sup>th</sup> August, 2019. (**Paper Presented**- Cultural Values, Happiness and Harmful Peer Aggression Reported by Adolescents Across 12 World Regions).

**2019** Guest lecture on 'The Profession of Counselling and Psychotherapy amidst the changing times in India' for Department of Educational and Counselling Psychology, and Special Education, **University of British Columbia, Canada, July, 2019**

**2018** Guest lecture on 'Prevention of School Bullying' at the Masters Course in Program Development, Department of Education & Counselling Psychology and Special Education, **University of British Columbia, Canada, February, 2018**

**2017** Guest lecture : 'Vocational Rehabilitation Counselling' at Department of Education & Counselling Psychology and Special Education, **University of British Columbia, Canada, July, 2017**

**2017** Guest lecture on 'Cross-Cultural Counselling' at Department of Educational & Counselling Psychology and Special Education, **University of British Columbia, Canada, February, 2017**

**2016** Presented a paper entitled 'Eve-teasing in the guise of school bullying and Cyberbullying' at Inaugural Student Wellbeing and Prevention of Violence (SWAPv) Conference , July, 2016 on

'Enhancing Child and Adolescent Wellbeing and Preventing Violence in School & Early Childhood Settings' at **Flinders University, Adelaide, Australia**

**2015** Research Conference during the Sixth Meeting of Indian European Research Networking in Social Sciences at Goldsmiths, **University, of London, London** (May, 2015). Paper Presented- Cyber bullying victimization and Mental Health, on 8th May, 2015.

**2015** Sixth Meeting of Indian European Research Networking in Social Sciences at Goldsmiths, **University of London, London** (May, 2015). Paper Presented- Role of Teacher Intervention in School Bullying in India on 6th May, 2015

**2014** Fifth Meeting of Indian-European Research Networking in Social Sciences at **Vrije Universiteit, Amsterdam, Netherlands** (November 4-8, 2014).

**2014** Public Conference at **Vrije Universiteit, Amsterdam, Netherlands**. Paper Presented-Media Exposure and Risk-Taking in Adolescents.

**2013** Keynote Speaker at the Meeting of Collaborative Research Network at **Edith Cowan University, Perth, Western Australia** (November, 14, 2013)

**2013** Meeting of Collaborative Research Network at **Edith Cowan University, Perth, Western Australia** (November 11-13, 2013). Paper Presented: School Truancy and Risk-taking behaviours.

**2013** Third Meeting of Indian European Research Networking in Social Sciences at International Observatory of Violence in Schools, **University of Nice Sophia Antipolis, Nice, France** (October 8-11, 2013). Paper Presented- 'Bully Victimization and Pupil Well-being' at the international conference entitled Bullying, Cyberbullying and Pupil Safety and Well-being.

**2012** First Meeting of Indian European Research Networking in Social Sciences at **Ludwig-Maximilians University, Munich, Germany** (October,2012).Paper presented-Adolescent Risk Taking Behaviour in India

**2011** **Second Summit for the Movement for Global Mental Health**, October 17, 2011, **Cape Town, South Africa** (Won Travel Grant by Wellcome Trust, UK).

**2005** 2nd International Mental Health Conference, **King's College, London, UK**, 31st August to 2nd September 2005, London, UK. (Paper Presented-Psycho-social predictors of identity formation in adolescence)

**2003** **Middle East/North Africa Regional Conference of Psychology**, Dec. 13-18, 2003, **Dubai, UAE** (Paper Presented- Contributions of family environment and identity formation towards adolescents' alienation).

## **BOOK PUBLICATION**

1. Smith, P. K., Sundaram, S., Spears, B. A., Blaya, C., Schäfer, M., & **Sandhu, D.** (Eds.). (2018). *Bullying, Cyberbullying and Student Well-Being in Schools: Comparing European, Australian and Indian Perspectives*. London, UK: Cambridge University Press.

## CHAPTERS PUBLISHED IN BOOKS

1. Skrzypiec, G., Yang, C-C., Xi, J., Wyra, M., Sikorska, I., **Sandhu, D.**, Roussi-Vergou, C., Romera, E., Ortega-Ruiz, R., Olenik-Shemesh, D., Kwon, S., Kang, S-W., Heiman, T., Guarini, A., Didaskalou, E., Brighi, A., Amri Nasiruddin, U., & Alinsug, E. (2023). Cultural Values, Happiness and Harmful Peer Aggression Reported by Adolescents Across 12 World Regions. In L. Ebersohn, & I. Gogolin (Eds.), *Global Perspectives on Education Research, Vol. II: Facing Challenges and Enabling Spaces to Support Learning* (1 ed., Vol. II, pp. 140-165). Routledge, Taylor and Francis
2. **Sandhu, D.**, & Kaur, K. (2022). Cyberbullying and Online negative experiences of school and college students in India. In Sia, S.K., Crane, L.S., Jain, A.K., Bano, S. (eds) *Understanding Psychology in the Context of Relationship, Community, Workplace, and Culture*. Singapore : Springer
3. **Sandhu, D.**, Kaur, K. and Sundaram, S. (2021). Bullying Research and Intervention in India. In The Wiley Blackwell Handbook of Bullying (eds P.K. Smith and .O.Norman). <https://doi.org/10.1002/9781118482650.ch65>
4. **Sandhu, D.** (2019). Peer violence and pupil well-being in Indian schools. In Skrzypiec, G., Wyra, M., & Didaskalou, E. *A Global Perspective of Young Adolescents' Peer Aggression and Well-being : Beyond Bullying*. London: Routledge. (272 pages, ISBN10 11383865100).
5. Smith, P.K., Sundaram, S., **Sandhu, D.** Blaya, C., Schafer, M., & Spears, B.A.(2018). Introduction. In P. K. Smith, S. Sundaram, B. Spears, C. Blaya, M. Schafer & D. Sandhu (Eds.) *Bullying, cyberbullying and student well-being in schools: Comparing Western, Australian and Indian Perspectives* (pp.3-25). London, UK: Cambridge University Press.
6. Spears, B., Ey, L.A., Stretton, A., **Sandhu, D.**, Taddeo, C., Carslake, T., Langos, C., Sundaram, S. (2018). Pre-service teachers' understanding of Bullying in Australia and India: Implications for Practice. In P. K. Smith, S. Sundaram, B. Spears, C. Blaya, M. Schafer and D. Sandhu (Eds.) *Bullying, cyberbullying and student well-being in schools: Comparing Western, Australian and Indian Perspectives* (pp.208-235). London, UK : Cambridge University Press.
7. Lee, N., Pronk, J., Olthof, T., Goossens, F., **Sandhu, D.**, & Kaur, S. (2018). Defining the relationship between bullying and risk-taking during adolescence : A cross-cultural comparison. In P. K. Smith, S. Sundaram, B. Spears, C. Blaya, M. Schafer and D. Sandhu (Eds.) *Bullying, cyberbullying and student well-being in schools: Comparing Western, Australian and Indian Perspectives* (pp.166-186). London, UK : Cambridge University Press.
8. Slee, P., **Sandhu, D.**, Kaur, K., Skrzypiec, G., & Campbell, M. (2018). Photostory: A Legitimate Research tool in Cross-Cultural Research. In P. K. Smith, S. Sundaram, B. Spears, C. Blaya, M. Schafer

and D. Sandhu (Eds.) *Bullying, cyberbullying and student well-being in schools: Comparing Western, Australian and Indian Perspectives*(pp.189-207). London, UK: Cambridge University Press.

9. Wotherspoon, A., Sundaram, S., **Sandhu, D.**, & Spears, B. (2018). Indian Perspectives on Bullying: Documentary Interviews with Teachers and Educational Professionals from Punjabi and Tamil Nadu. In P. K. Smith, S. Sundaram, B. Spears, C. Blaya, M. Schafer and D. Sandhu (Eds.) *Bullying, cyberbullying and student well-being in schools: Comparing Western, Australian and Indian Perspectives* (pp.236-254). London, UK: Cambridge University Press.
10. Langos, C., Taddeo, C., Carslake, T., **Sandhu, D.**, Spears, B., Ey, L.A., Stretton, A., & Sundaram, S. (2018). Cyber/Bullying, Law and Cultural context: Pre-Service Teacher's Perspectives. In P. K. Smith, S. Sundaram, B. Spears, C. Blaya, M. Schafer and D. Sandhu (Eds.) *Bullying, cyberbullying and student well-being in schools: Comparing Western, Australian and Indian Perspectives* (pp.285-314). London, UK: Cambridge University Press.
11. Skrzypiec, G., Slee, P., **Sandhu, D.**, & Kaur, S. (2018). Bullying or peer aggression ? A pilot study with Punjabi adolescents. In P. K. Smith, S. Sundaram, B. Spears, C. Blaya, M. Schafer and D. Sandhu (Eds.) *Bullying, cyberbullying and student well-being in schools: Comparing Western, Australian and Indian Perspectives* (pp.45-60). London, UK: Cambridge University Press.
12. Smith, P., Rutland, A., Sundaram, S., Kaur, K., Koller, S., Kovas, Y., Thompson, F., Jones, A., **Sandhu, D.**, Spears, B., Wendt, G., & Sittichai, R. (2018). Issues in Cross-National Comparisons and the Meaning of Words for Bullying in different Languages. In P. K. Smith, S. Sundaram, B. Spears, C. Blaya, M. Schafer and D. Sandhu (Eds.) *Bullying, cyberbullying and student well-being in schools: Comparing Western, Australian and Indian Perspectives* (pp.65-80). London, UK: Cambridge University Press.
13. Goossens, F., Pronk, J., Olthof, T., Lee, N., Sundaram, S., Gopalakrishnan, S.K., Schafer, M., Stoiber, M., **Sandhu, D.**, Kaur, K., & Kaur, S. (2018). Correlates of Bullying and Victimization in the Netherlands, Germany, Punjab (India) and Tamil Nadu (India). In P. K. Smith, S. Sundaram, B. Spears, C. Blaya, M. Schafer and D. Sandhu (Eds.) *Bullying, cyberbullying and student well-being in schools: Comparing Western, Australian and Indian Perspectives*(pp.146-165). London, UK: Cambridge University Press.
14. Blaya, C., Kaur, K., & **Sandhu, D.** (2018). Cyberviolence and Cyberbullying in Europe and India: A Literature Review. In P. K. Smith, S. Sundaram, B. Spears, C. Blaya, M. Schafer and D. Sandhu (Eds.) *Bullying, cyberbullying and student well-being in schools: Comparing Western, Australian and Indian Perspectives* (pp.83-106). London, UK: Cambridge University Press.
15. Blaya, C., Kaur, K., **Sandhu, D.**, & Sundaram, S. (2018). Cyberbullying among college students in India and France: An empirical Investigation. In P. K. Smith, S. Sundaram, B. Spears, C. Blaya, M. Schafer and D. Sandhu (Eds.) *Bullying, cyberbullying and student well-being in schools: Comparing Western, Australian and Indian Perspectives*(pp.107-129). London, UK: Cambridge University Press.



16. Smith, P.K., Sundaram, S., Spears, B.A., Blaya, C., Schafer, M., & **Sandhu, D.** (2018). Editorial Reflections. In P. K. Smith, S. Sundaram, B. Spears, C. Blaya, M. Schafer and D. Sandhu (Eds.) *Bullying, cyberbullying and student well-being in schools: Comparing Western, Australian and Indian Perspectives*(pp.352-361). London, UK: Cambridge University Press.
17. **Sandhu, D.** (2017). Eve-teasing in the guise of school bullying and cyberbullying. In Slee, P. T., Skrzypiec, G., & Cefai, C. (Eds.), *Child and Adolescent Wellbeing and Violence Prevention in Schools*. London: Routledge.
18. **Sandhu, D.,** & Kaur, K. (2017). Risk Taking Behaviour in Adolescence: An Introduction. In A. Kaur, Arpana, R. Parkash & Hussain I. (Eds.), *Higher Education in India: Issues and Imperatives* (pp. 11-15). Patiala: TwentyFirst Century Publications.
19. **Sandhu, D.,** Kaur, K., & Kaur, G. (2017). Cyber Bullying: Negative Impact Upon Pupils' Well-Being. In R. Poonia (Eds.) *Emerging Trends in Fitness and Sports Sciences* (pp.20-27). Patiala: TwentyFirst Century Publications.
20. **Sandhu, D.,** & Shafiq, H. (2017). The Relationship Between Perfectionism And Burnout Among Athletes. In R. Poonia (Eds.),*Emerging Trends In Fitness and Sports*(pp. 111-116). Patiala: Twenty First Century Publications.
21. **Sandhu, D.,** Shafiq, H., & Kaur, S. (2016). Physical Activity Among Adolescents And Their Parents: A Correlational And Predictive Study. In N.S.Deol, A.Singh &M. Singh (Eds.),*Scientific Culture in Physical Education and Sports*(pp. 592-595). Patiala: Twenty First Century Publications.
22. Kaur, K., & **Sandhu, D.** (2015). Studying depression and loneliness amongst the victims of cyber bullying. In M. Irfan, R. Sultana, H. Shafiq, M. Singh and K. Singh (Eds.), *Mental health, religion and culture: A psychological paradigm* (pp. 10-18). Patiala: TwentyFirst Century Publications.
23. **Sandhu, D.,** & Kaur, S. (2015). Transcendental Meditation: An intervention for reducing adolescents problem behavior. In M. Irfan, R. Sultana, H. Shafiq, M. Singh and K. Singh (Eds.), *Mental health, religion and culture: A psychological paradigm* (pp. 85-94). Patiala: TwentyFirst Century Publications.
24. **Sandhu, D.,** & Kaur, D. (2015). Adolescent identity formation and interpersonal relationships. In M. Irfan, R. Sultana, H. Shafiq, M. Singh and K. Singh (Eds.), *Mental health, religion and culture: A psychological paradigm* (pp. 97-105). Patiala: TwentyFirst Century Publications.
25. **Sandhu, D.,** & Shafiq, H. (2015). Nature of perfectionism in sports. In M. Irfan, R. Sultana, H. Shafiq, M. Singh and K. Singh (Eds.), *Mental health, religion and culture: A psychological paradigm* (pp. 112-124). Patiala: TwentyFirst Century Publications.
26. **Sandhu, D.,** & Kaur, S. (2015). Improving the interpersonal relationships of adolescents abused during childhood through Technical Eclecticism. In S. Sud & B. John (Eds.), *Work Stress & Health – Recent Perceptions Future Trends* (pp. 218-238). Shimla (HP): New Era Graphics.

27. **Sandhu, D.**, Shafiq, H., & Singh, B. (2014). Reducing Video Game Addiction in Adolescents: Physical Activity Intervention. In N.S.Deol & A.Singh (Eds.), *Wellness Through Physical Activity :Future Perspective* (pp.383-385). Patiala: Twenty first Century Publications.
28. **Sandhu, D.**, & Singh, B. (2011). The menace of cyberviolence. In M.Singh & D. Singh (Eds.), *Information technology and data networks: Prospects and challenge* (pp. 353-367). Patiala: Gracious Books.
29. **Sandhu, D.**, & Singh, B. (2010). An overview of approaches to Counselling. In.U.Kumar, N. Mishra,& V. Prakash (Eds.), *Counselling: A Practical Approach* (pp. 29-56). Delhi: Academic Excellence.
30. **Sandhu, D.**, & Tung, S. (2007). Identity and well-being. In A. Yadava and N.R. Sharma (Eds.) *Positive Health Psychology* (pp. 83-98). New Delhi: Global Vi

### PAPERS PUBLISHED IN JOURNALS OUTSIDE INDIA

31. Makkar M, Arumugam N, Midha D, **Sandhu, D.** (2022). Transcranial Direct Current Stimulation as an Effective Treatment Compared to Video Games on Executive Functions in Children With Attention Deficit Hyperactivity Disorder. *Iranian Rehabilitation Journal* , 20 (2) , 199-208
32. **Sandhu, D.**, Barn, R. “The Internet Is Keeping Me from Dying from Boredom”: Understanding the Management and Social Construction of the Self Through Middle-Class Indian Children’s Engagement with Digital Technologies During the COVID-19 Lockdown. *Int. Journal on Child Malt.* (2022). <https://doi.org/10.1007/s42448-022-00135-8>
33. Barn, R., **Sandhu, D.** & Mukherjee, U. (2022). Re-imaging everyday routines and educational aspirations under COVID-19 lockdown: Narratives of urban middle-class children in Punjab, India. *Children & Society*, 00, 1– 16. <https://doi.org/10.1111/chso.12571>
34. Grace Skrzypiec, Earvin Alinsug, Ulil Amri Nasiruddin, Eleni Andreou, Antonella Brighi, Eleni Didaskalou, Annalisa Guarini, Tali Heiman, Soon-Won Kang, Soonjung Kwon, Dorit Olenik-Shemesh, Rosario Ortega-Ruiz, Eva M. Romera, Christina Roussi-Vergou, **Damanjit Sandhu**, Iwona Sikorska, Mirella Wyra, Juzhe Xi & Chih-Chien Yang (2020). Harmful Peer Aggression in Four World Regions: Relationship between Aggressed and Aggressor, *Journal of School Violence*, DOI: [10.1080/15388220.2020.1808789](https://doi.org/10.1080/15388220.2020.1808789)
35. Skrzypiec, G., Alinsug, E., Nasiruddin, U. A., Andreou, E., Brighi, A., Didaskalou, E., Guarini, A., Kang, S.W., Kaur, K., Kwon, S., Ortega-Ruiz, R., Romera, E.M., Roussi-Vergou, C., **Sandhu, D.**, Sikorska, I., Wyra, M., Yang, C.C. (2018). Self-reported harm of adolescent peer aggression in three world regions. *Child Abuse & Neglect*, 85, 101-117. DOI: <https://doi.org/10.1016/j.chiabu.2018.07.030>
36. Bedi, R. P., Pavithra, A.T., **Sandhu, D.**, & Jain, S. (2018). Survey of counseling psychologists in India. *Counselling Psychology Quarterly*, DOI: [10.1080/09515070.2018.1478800](https://doi.org/10.1080/09515070.2018.1478800)
37. Pronk, J., Lee, N. C., **Sandhu, D.**, Kaur, K., Kaur, S., Olthof, T., & Goossens, F. A. (2017). Associations between Dutch and Indian adolescents' bullying role behavior and peer-group status:

Cross-culturally testing an evolutionary hypothesis. *International Journal of Behavioral Development*, 41 (6), 735-742

38. **Sandhu, D.**, & Kaur, S. (2016). Reducing cyber-bullying and problem behaviors among students through Parental Group Therapy. *Pakistan Journal of Psychological Research*, 31(2), 383-401.
39. Blaya, C., Sundaram, S., Kaur, K., & **Sandhu, D.** (2016). Digital uses, risk taking and online negative experiences among secondary school students in France and India: A comparative Study. *TIC kids online Brasil 2015*, 47-55. Retrieved from [https://cetic.br/media/docs/publicacoes/2/TIC\\_Kids\\_2015\\_LIVRO\\_ELETRONICO.pdf](https://cetic.br/media/docs/publicacoes/2/TIC_Kids_2015_LIVRO_ELETRONICO.pdf)
40. **Sandhu, D.** (2015). Predictive factors of health-risk behaviours among male adolescents. *Pakistan Journal of Psychological Research*, 30(1), 1-19.
41. Skrzypiec, G., Slee, P., & **Sandhu, D.** (2015). Using the PhotoStory Method to understand the cultural context of youth victimization in the Punjab. *The International Journal of Emotional Education*, 7(1), 52-68.
42. **Sandhu, D.**, & Kaur, D. (2012). Adolescent Problem Behaviour in Relation to Emotional Autonomy and Parent- Child Relationship. *Canadian Social Science*, 8(1), 25-28.
43. **Sandhu, D.**, Tung, S., Kundra, N., & Singh, B. (2011). Adolescent identity formation, parental attitudes, and psychological well-being. *Pakistan Journal of Psychological Research*, 27(1), 89-105.
44. **Sandhu, D.**, & Tung, S. (2007). Psycho-social predictors of identity formation in adolescence. *Pakistan Journal of Psychological Research*, 22(3-4), 71-90.
45. **Sandhu, D.**, & Tung, S. (2006). Role of emotional autonomy and family environment in identity formation of adolescents. *Pakistan Journal of Psychological Research*, 21(1-2), 1-16.
46. **Sandhu, D.**, & Tung, S. (2006). Gender differences in adolescent identity formation. *Pakistan Journal of Psychological Research*, 21(1-2), 29-40.
47. Tung, S., & **Sandhu, D.** (2005). Well-being in Indian adolescents: Role of emotional autonomy and identity formation. *Pakistan Journal of Psychological Research*, 20(3-4), 81-91.
48. **Sandhu, D.**, & Tung, S. (2004). Contributions of family environment and identity formation towards adolescents alienation. *Pakistan Journal of Psychological Research*, 19(1-2), 1-14.

#### **PUBLICATIONS IN JOURNALS PUBLISHED FROM INDIA**

49. Sandhu, D., Ayub. M., & Kaur, K. (2022). Role of Dating Violence victimization in depressive symptoms and PTSD among young females: A multivariate Approach. *Psychology and Education*, 59(2), 1385-1394.

50. **Sandhu, D.**, Kaur, K., Mahanta, D. (2019). A study of child sexual abuse in relation to parent and peer attachment. *IAHRW International Journal of Social Sciences Review*, 7 (Special Issue-II), 344-349.
51. **Sandhu, D.**, Kaur, K., Mahanta, D. (2019). Child sexual abuse and mental health difficulties. *IAHRW International Journal of Social Sciences Review*, 7 (Special Issue-II), 392-398.
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## **PUBLISHED ARTICLES**

Following articles on creating awareness about psychological issues were published in the monthly magazine Modern Practical Psychology and ਸਮਾਜਿਕ ਵਿਗਿਆਨ ਪੱਤਰ-2015:

1. Article entitled '**Decoding the Blue Whale challenge**' published in Hindustan Times on 27 September, 2017

2. ਸਕੂਲਾਂ ਵਿਚ ਲੜਕੀਆਂ ਨਾਲ ਛੇੜ-ਛਾੜ (ਲੁਕਵੇਂ ਢੰਗ ਨਾਲ ਲੜਕੀਆਂ ਨੂੰ ਡਰਾਉਣ- ਧਮਕਾਉਣ ਅਤੇ ਕੰਪਿਊਟਰੀ ਵਿਧੀਆਂ ਦੀ ਵਰਤੋਂ ਨਾਲ ਪਰੇਸ਼ਾਨ ਅਤੇ ਪੀੜਤ ਕਰਨ ਦੇ ਉਪਰਾਲੇ) in ਸਮਾਜਿਕ ਵਿਗਿਆਨ ਪੱਤਰ-2015
3. Adolescent moodiness-December 2002
4. Bingeing and self-awareness-October 2002
5. Eating disorders of adolescence-September 2002.
6. Attention deficit hyperactivity disorder-June 2002.
7. Some myths about suicide-March 2002
8. Why people drink-October 2001
9. Hypnosis-September 2001.
10. Psychological consequences of too much stress-July 2001.
11. Types of parents-June 2001
12. The Type-A personality-May 2001
13. School achievement-April 2001
14. Shyness-March 2001
15. The psychology of punishment-February 2001.
16. Man and his defense mechanisms – January 2001.
17. Can spring be far away-December 2000
18. The single-parent child-November 2000
19. Live in the present-October 2000

## **SPONSORED/ FUNDED RESEARCH PROJECTS**

### **1. ICSSR Research Programme**

2018-2020

Title of the Research Programme:

'Dynamics of Child Sexual Abuse in The Tea Plantation Community: From Vulnerability to Immunity'

Role: Programme Director

### **2. Indian-European Research Networking in Social Sciences: India's first multilateral agreement in Social Sciences (ICSSR-ANR-DFG-ESRC-NWO)**

2012 – 2015

Participating Universities : Goldsmiths, University of London, United Kingdom, International Observatory of Violence in Schools, Nice, France, Ludwig Maximilians University, München, Germany, VU University Amsterdam, The Netherlands. Annamalai University, Annamalai, Punjabi University, Patiala

Title of Research Project: Bullying, Cyberbullying, Pupil Safety and Well-being

Role: Indian Principal Investigator (PI)

### **3.UGC Major Research Project**

2010 – 2012

Title of Research Project: Health-risk behaviours in adolescents in relation to developmental tasks and social context

Role: PI

### **4.ICSSR Major Research Project**

2011 – 2013

Title of Research Project: Media Exposure and Risk Taking Among Adolescents

ROLE: PI

## **INTERNATIONAL RESEARCH ACTIVITIES/ CONSORTIUMS**

### **1. 2012-onwards**

Director, Special Interest Group: India-Australia: International Studies in Well-being at Student Well-being and Prevention of Violence (SWAPv) at Flinders University Australia

### **2. 2017-onwards**

Global Research Alliance: Multi-Country Peer Aggression and Wellbeing Study Led by Flinders University Researcher, Dr Grace Skrzypiec, this multi-country study investigates peer aggression and its impact on student wellbeing amongst middle school students in 11 countries.

### **3. 2020-onwards**

Childrens Understanding of Well-being Network : Global and Local Outcomes : Multinational Qualitative Study across 35 countries

### **4. Review Editors, Frontiers in Psychology**

### **5. Review Editor, Journal – Child Indicators Research**

## **IMPACT OF RESEARCH**

[DAMANJIT SANDHU - Google Scholar](#)



